

## Seborrhea/Cradle-Cap Treatment Plan

1. Mineral Oil- apply to scalp, rub in and comb through and then rinse out with baby shampoo.
2. Selsun Blue Shampoo- apply small amount to scalp rub in thoroughly and leave on 30 minutes, rinse out with baby shampoo and repeat the next day. In one week repeat 2 more times.
3. Decrease frequency of baths/hair washing to twice a week.