

Weaning Breathing Treatments (SVN)

For the last 5 days the breathing treatments have been given every 4 hours during the day. Now that your child is better, you can start spacing the treatments out. Here's how:

1 SVN breathing treatment:

- Every 6 hours for 2 days
- Every 8 hours for 2 days
- Every 12 hours for 2 days
- At bedtime for 2 nights

If at any time your child seems to need a breathing treatment in less than 4 hours or is not able to tolerate weaning off treatments as described above, then your child needs to be seen by a doctor. Please call for an appointment. Do not give albuterol for at least 4 hours before the visit if possible. If your child is in distress, then they need to be seen immediately; either at our office or the emergency room.

Signs of respiratory distress are flaring nostrils, rapid breathing, difficulty breathing, retractions (muscles of ribs sucking in), grunting, and abdominal breathing (abdomen moves in and out rapidly).

Go to the ER or call our office immediately if your child has any signs of respiratory distress.

Call 911 if your child turns blue, passes out, or stops breathing.